

Society of Pediatric Psychology Sleep SIG

Winter 2018

Happy New Year!

Our membership is growing quickly—we currently have 83 members! Please check out our new Sleep SIG website for information on meetings, clinical resources, and advocacy.

<https://sleepsig.weebly.com/>

We are looking forward to seeing everyone in New Orleans! Please join us for our SIG Meeting to meet other members, recognize poster award winners, and discuss other SIG related business. Thank you to all who expressed interest in submitting sleep related programming to SPPAC, given the widespread interest in sleep research, this should be a great meeting for our field!

If you would like to receive emails from our listserv, please email kkharfo@emory.edu to be added to the Google group.

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SIG Programming for SPPAC 2019

Sleep is well represented in the SPPAC programming this year! As you plan your travel and conference attendance make sure to check out the following programming:

Sleep SIG Meeting

Thursday 4/4 10:45 AM-12:15 PM

Preconference workshop

Thursday 4/4 12:30-3:00 PM

Pediatric Behavioral Sleep Medicine: Advanced Topics & Complex Case Discussion

Symposiums

Friday 4/5 2:15-3:30 PM

Sleep as a Mechanism for Promoting Resilience in Adolescents and Young Adults

Saturday 4/6 10:30-11:45 AM

Sleep and Pain: Using Research to Inform Clinical Practice in Youth with Pain to Promote Resilience

Poster awards

We will be offering poster awards for trainee members. We ask that trainees submit a PDF of your poster to Dawn Dore-Stites (dawndore@med.umich.edu) by **March 8** for consideration for a poster award. Winners will be given the opportunity to present your work at the SIG meeting. We will also be seeking reviewers for these awards. Please contact Dawn if you are interested in reviewing poster submissions.

Advocacy Spotlight

In our diverse membership we have several members who have worked with their local school districts to change school start times. We hope to bring broader attention to this cause to SPP in our symposium at SPPAC where Dr. Lisa Meltzer will be presenting her work delaying school start times in a suburban school district outside of Denver. For those considering this as an area of advocacy, we would love to facilitate an online group discussion and possibly a webinar. Please contact Lauren Daniel (lauren.daniel@rutgers.edu) if interested.

Upcoming Conferences

Associated Professional Sleep Societies

June 8-12, 2019 San Antonio, TX

<https://aasm.org/nominate-speakers-for-sleep-2019-annual-meeting/sleep2019/>

Society of Behavioral Sleep Medicine

Sept 12-15, 2019 Birmingham AL

Abstracts accepted until March 29, 2019

<https://www.behavioralsleep.org/>

Pediatric Sleep Conference

Nov 14-17, 2019 Naples, FL

<http://www.pedsleepmedconference.com>

**Post-docs considering any of these meetings may want to apply for the following travel award from the Journal Children:*

<https://www.mdpi.com/journal/children/awards>